**Regional Competition Form 9 A-l Contest:** Nail Care (Nail Technician) Competition

**Date:**Tuesday March 4, 2025

**Chairperson:**Jody Andrus GST BOCES e-mail: [jandrus@gstboces.org](mailto:jandrus@gstboces.org)

**Co-Chairperson**: N/A

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| **Items Evaluated** | **200Possible Points** | **Explanation of contest item or Special rule for Regional** |
| (15 Minutes) Nail Test | 20 | A short, multiple-choice test, on Nail enhancements |
| **Upon Arrival Initial preparation:**  Kit organization  Table Set up  Sanitation  Nail description | 10 | Kit must be clean, properly organized, complete with necessary supplies/tools to complete all procedures.  The table should be arranged and set up professionally.  ALL supplies must be in original containers, with legible manufacturer's labels. Products **MUST be ODORLESS.**  Sterilization and sanitation MUST be adhered to throughout.  First aid kit and blood born container displayed.  Contestant and model's hands should be properly prepped.  **Must display on your manicure table a personalized description of your nail art** |
| (15 Min) Nail tech/client prep  Nail Prep:  File &etch each nail | 10 | Mask and safety glasses are on  Proper usage of tools Proper procedure for artificial nail preparation |
| (1 Hour) SCULPTURED **FRENCH Pink & White**  Apply to all **RIGHT HAND**  Sculpt an acrylic nail using a form. | 30 | Monomer contamination; clarity of color; file marks; bubbles; ridges; thinness or thickness; All products should be properly labeled. Pink & white powder used; smile line visible. |
| (1Hour) **TIP**  Apply to **LEFT HAND**  Tip with acrylic pink & white overlay  2 Coats of Nail Polish | 30  10 | All products should be properly labeled, Pink & white acrylic must be used, smile line must be visible.  CLEAR or NATURAL TIP ONLY  Use Darkest shade of Nail polish from “Candy” theme |
| \*\*Cuticle and nail groove  \*\*Shape and length | 20 | Healthy; no abrasions; free of product; extension alignment; even, smooth/ Consistent and proportionate to hand; contoured; appropriate to nail bed. |
| \*\*Arch and c-curve \*\*Surface finish | 20 | Left and right-side view taper, highest point and lower arch clean, symmetrical; smooth, without file marks; neat; high gloss sheen without brush marks |
| (1Hour)  Flat wearable Nail Art  (SCULPTURED- RIGHT HAND)  Clear coat (TIP- LEFT HAND) | 40  10 | **RIGHT HAND: Nail art- “Candy” THEME (Gel Polish to be used)** evaluated on consistent throughout; clarity of line; color coordination; continuity; degree of difficulty; theme, overall appearance FLAT ART ONLY description of nail art must be included (see pg. 2)  **LEFT HAND** CLEAR COAT 3-5 strokes per nail; smooth; no brush strokes |
| 20% PENALTY   * CLOTHING * SAFETY & SANITATION |  | **Contestant**: school uniform lab coat, white top, black pants, clear hose, or black socks, enclosed white or black shoes **Model:** same as contestant minus lab coat. No skin showing for model or nail tech! **SAFETY & SANITATION MUST** be adhered to throughout entire competition. |
| TOTAL POINTS | 200 | **NOTE:**  \*\* MUST PROVIDE OWN MANICURE TABLE |

**DISQUALIFICATIONS:**

Contestants and models are NOT allowed to talk to ANYONE once they enter the competition site or they will be DISQUALIFIED!

**Professional Appearance & Client (Model) Preparation**

**PROFESSIONAL APPEARANCE:**

* Smock to be worn over whitedress shirt (hair accessory to pull back hair if necessary)
* Socks- natural color hose or black dress socks, closed-toe shoes that cover the top&back of the foot.
* The use of personal protective equipment (i.e., masks, safety glasses, etc.) for yourself and your model must be worn.

**CLIENT (MODEL) PREPARATION:**

* Contestant & model (male or female) – must both be a registered as a skills USA member.
* Client (model) must have ten clean and healthy natural nails (free of any artificial product) (Note: A free edge of 1/8” to ¼” is recommended to ensure best results)
* No hand or arm jewelry may be worn.
* Contestant & model (male or female) must sanitize their hands.

**Preparation of Work Area**

* Manicure table
* Lamp (optional)
* **EPA-**approved sanitizer solution in original, labeled packaging (liquid, spray, wipes, etc.)
* Disposable paper towels (10-12)
* Cloth towels (2-3)
* Sealable (zip-lock type) Plastic bag(s) labeled ‘disposables’ for disposables/trash.
* Tape to secure trash bag to work area.
* Spray-on implement sanitizer (or alcohol wipes) in original packaging (for exam purposes: to be used in case of implement contamination)
* Extension Cord

**Blood Exposure Procedure (blood container)**

* Hand sanitizer (in original bottle/dispenser or packet)
* Protective gloves (2-3 pairs)
* Alcohol wipes (2-3)
* Plastic, rigid (hard) container (large enough to accommodate potentially contaminated implements)
* Sealable (zip-lock type) plastic bags (2-3) labeled ‘blood contamination’ (in case of blood spill)
* Adhesive bandages (2-3) - in sealable (zip-lock type) plastic bag labeled ‘First Aid’ (may be placed inside of rigid container)
* Cotton balls (2-3) and/or small piece of gauze (2-3)

**If you do not choose to transport clean implements solely in sealable plastic bags, you will also need:**

* Covered container labeled ‘clean’ for transporting implements.

**If you do not wish to place all your used implements in your disposables bag, you will also need:**

* Covered container labeled ‘dirty’ for transporting used implements from exam.

**Tip Application and Shaping**

**IMPORTANT: You MUST bring tips as specified to receive credit for this section of the exam.**

* Nail tips (minimum of 12) – [Nail tips MUST cover at least but not more than one half of the nail plate.]
* Nail adhesive(s) [no brush-on allowed]
* Primer
* Orangewood stick (to spread adhesive or remove excess adhesive) (optional)\*
* Nail tip clippers and/or tip cutters
* Nail wipes/cotton
* Files/abrasives (coarse, medium, and fine)
* Nail antiseptic spray in original, labeled packaging (Note: MUST be safe for use on skin)

**Acrylic Application**

* Acrylic primer in original, labeled container.
* Acrylic powder (Color PINK & WHITE)
* Acrylic monomer – MUST be in the original container with the manufacturer’s seal (Note: Product ingredients MUST be labeled on the bottle.) -You will NOT be allowed to take this examination if you do not provide this item as specified.
* Eyedropper (2) – one for monomer
* Dappen dishes with covers **(Note**: In lieu of covers, wipes or paper towels may be used to cover dishes when not in use.)
* Nail forms (reusable or disposable)
* Acrylic nail brush
* Nail wipes
* Files/abrasives (coarse and medium)
* Three-way buffer and/or buffer block
* Nail antiseptic spray in original, labeled packaging (Note: MUST be safe for use on skin)

**IMPORTANT:** Effective November 1, 2001, the use of MMA or any products’ containing MMA is strictly prohibited for use in nail services in New York State and will NOT be allowed for use at this competition.

**Polish Application and Clean-Up**

* Gel Polish necessary to complete nail art.
* NO ridge filler allowed.
* Orangewood stick (for removing polish from skin or cuticle) – (Other acceptable options may include cotton-tipped orangewood stick, cotton swabs, or any appropriate disposable. The use of fingers is not allowed for removing polish from skin or cuticle.)
* Cotton (enclosed in sealable plastic bag) or lint-free wipes (optional)\*
* Clear or natural polish

**Items NOT ALLOWED:**

* Nail art accessories: gems, skins, feathers, rhinestones, glitters, threads, fabrics, foils, beads, tapes, jewelry, air brushing, decals/stencils or cast moldings, pens. The Nail art should be done free hand and flat nail art only.
* Free-edge or 1/2 well tips Note: Pre-Cut Fiberglass tips are NOTallowed.
* Tip blenders
* Electric files/drills
* Oil, lotion, and buffing crème